

Fourteenth Annual Alaska Men's Run (Formerly 5MMCR)
 Anchorage, Alaska
 July 18, 2009, 9:00 A.M.
 Time and Results by Up and Running Event Management

Place	No.	Name	S	City	St	Time
=====	=====	=====	=====	=====	=====	=====
1	996	Leslie Varys	F	Wasilla	AK	30:38.8
2	980	Mary Barrett	F	Palmer	AK	34:15.6
3	734	Polly Wirum	F	Anchorage	AK	35:27.8
4	925	Mary Rowen	F	Anchorage	AK	37:02.2
5	928	Bridget McBride	F	Anchorage	AK	37:23.0
6	743	Marian Zobler	F	Bethesda	MD	37:44.3
7	35	Amy Hirsh	F			38:16.4
8	757	Janet Morrone	F	Anchorage	AK	38:25.1
9	953	Oksana Savostina	F	Anchorage	AK	38:48.3
10	820	Larissa Pestryakova	F	Anchorage	AK	39:33.0
11	945	Abigail Nagel	F	Palmer	AK	39:40.4
12	973	Kathy Jacobsen	F	Anchorage	AK	39:49.0
13	742	Carol Shively	F	longmont	CO	39:57.3
14	745	Cheryl Ferucci	F	Anchorage	AK	40:32.4
15	20	Laura Edwards	F			40:35.3
16	775	Jaime Stevenson	F	Anchorage	AK	40:44.0
17	796	Kara Van Kooten	F	Anchorage	AK	41:05.3
18	8	Maddison Halloran	F	Anchorage	AK	41:06.1
19	24	Cherith Lafferty	F			41:08.4
20	963	Jane Buskirk	F	Talkeetna	AK	41:22.5
21	947	Kelly Mazzei	F	Anchorage	AK	41:51.6
22	782	Shala Santiago	F	ANCHORAGE	AK	42:07.2
23	898	Laura Johnston	F	Anchorage	AK	42:20.1
24	798	Nikki Morilak	F	Anchorage	AK	42:23.5
25	720	Robyn Engibons	F	Anchorage	AK	42:27.3
26	3	Pok Maley	F	Eagle River	AK	42:34.3
27	991	Tammy (tayl Garber	F	Anchorage	AK	42:45.1
28	766	Marianne Elson-Griffith	F	Anchorage	AK	42:56.1
29	843	Patricia Atchinson	F	Anchorage	AK	42:58.1
30	924	Channing Llaneza	F	Anchorage	AK	42:58.1
31	833	Sharon Susook	F	Anchorage	AK	43:28.4
32	42	Shannon King Hamlett	F			43:43.5
33	815	Mary Richards	F	Eagle River	AK	43:52.1
34	774	Whitney Froehlich	F	Anchorage	AK	43:58.2
35	849	Rachelle Alger	F	Anchorage	AK	43:58.5
36	19	Heidi Gusenius	F			44:31.8
37	731	Jo Murray	F	Anchorage	AK	44:40.8
38	901	Marlys Morton	F	anchorage	AK	44:43.4
39	46	Dianna Clemetson	F			44:49.4
40	787	Jean Funatake	F	Anchorage	AK	44:54.2
41	25	Tamara Deschaine	F			45:00.0
42	835	Kristi Rutman	F	Anchorage	AK	45:03.3
43	840	Janet Johnston	F	Anchorage	AK	45:03.7
44	857	Melissa Fink	F	Anchorage	AK	45:04.0
45	856	Lois Watson	F	Anchorage	AK	45:18.1
46	792	Mamie Davis	F	Jacksonville	FL	45:18.1
47	954	Svitlana Solovyova	F	Anchorage	AK	45:22.9
48	894	Verneese Maney-Rouzan	F	Anchorage	AK	45:36.2
49	910	Maggie Miller	F	Anchorage	AK	45:38.0
50	952	Stacy Dayley	F	Anchorage	AK	45:42.3

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51	888	Jean Adamson	F	anchorage	AK	45:47.4
52	965	Sj Lee	F	Anchorage	AK	45:47.5
53	930	Chris Parker	F	Bird Creek	AK	45:49.0
54	832	Adrienne Tveit	F	ANCHORAGE	AK	46:05.7
55	755	Denali Blackmore	F	Anchorage	AK	46:13.2
56	788	Mary Flanigin	F	Anchorage	AK	46:32.1
57	721	Aubrey Ibele	F	Anchorage	AK	46:45.8
58	986	Rose Van Hemert	F	Anchorage	AK	46:47.2
59	702	Bobbi Mason	F	Anchorage	AK	47:09.8
60	764	Mary Marsolais	F	Eagle River	AK	47:14.6
61	903	Tracey Wollenberg	F	Anchorage	AK	47:21.1
62	45	Monica Perez-Verdia	F	Anchorage	AK	47:23.1
63	878	Kelly Cerutti	F	Girdwood	AK	47:50.2
64	921	Megan Costello	F	Anchorage	AK	48:21.9
65	946	Wendy Brown	F	Anchorage	AK	48:34.5
66	808	Dawn Page	F	Anchorage	AK	48:34.6
67	974	Jessica Shake	F	Anchorage	AK	48:35.2
68	773	Robin Klinger	F	Anchorage	AK	48:37.2
69	905	Marika Athens	F	anchorage	AK	48:50.6
70	15	Eileen Spezialy	F			48:51.5
71	847	Nicole Cleary	F	Eagle River	AK	48:53.1
72	899	Susan Falk	F	Anchorage	AK	49:12.1
73	784	Jill Reeves	F	Palmer	AK	49:17.7
74	839	Stacy Kelley	F	Anchorage	AK	49:18.5
75	846	Brandy Ostrinski	F	Anchorage	AK	49:19.7
76	852	Tana Stone	F	Anchorage	AK	49:27.6
77	781	Nicole Mikes	F	Anchorage	AK	49:35.8
78	10	Lindsey Deschaine	F	Anchorage	AK	49:46.5
79	911	Amanda Ungerecht	F	anchorage	AK	49:47.3
80	12	Gretchen Jennings	F	Eagle River	AK	50:04.4
81	938	Sun So	F	anchorage	AK	50:10.2
82	950	Jacy Joyner	F	Anchorage	AK	50:15.7
83	959	Millie Spezialy	F	Anchorage	AK	50:21.9
84	739	Liesl Herndon	F	Anchorage	AK	50:41.3
85	813	Denise Hanson	F	Anchorage	AK	50:46.8
86	922	Michelle Rivera	F	Eagle River	AK	50:52.6
87	881	Joan Clark	F	Anchorage	AK	51:08.1
88	824	Kathy Bennett	F	Anchorage	AK	51:18.4
89	726	Michelle Semerad	F	Anchorage	AK	51:47.2
90	751	Diane Hanson	F	Anchorage	AK	52:02.3
91	995	Wanda Katinszky	F	Anchorage	AK	52:35.4
92	758	Becky Huelskoetter	F	Anchorage	AK	52:53.3
93	848	Karla Harrington	F	Anchorage	AK	52:53.9
94	823	Yolanda McCoy	F	Anchorage	AK	52:55.9
95	793	Pat Doughty	F	Franklinville	NJ	53:08.7
96	800	Ronnie Mora	F	Glassboro	NJ	53:09.0
97	976	Dianne Alger	F	Anchorage	AK	53:37.5
98	902	Christine Kane	F	Anchorage	AK	53:39.1
99	967	Denise Demetree	F	Chugiak	AK	53:56.6
100	40	Shawn O'Connor	F			54:27.6

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101	802	Megan Peterson	F	Anchorage	AK	55:14.6
102	701	Taryn Bachman	F	Anchorage	AK	55:33.7
103	932	Michelle Pokorny	F	Eagle River	AK	55:50.9
104	712	Laura McDonagh	F	Anchorage	AK	55:55.2
105	949	Cindy Patrick	F	Anchorage	AK	55:56.3
106	970	Tuyet Smallwood	F	Anchorage	AK	56:28.3
107	897	Amber Morey	F	Eagle River	AK	56:29.0
108	927	Roxann O'Hara	F	anchorage	AK	56:46.4
109	23	Hoily Olson	F			57:56.7
110	5	Linda Leary	F	anchorage	AK	58:29.2
111	811	Laura Thompson	F	Anchorage	AK	58:32.3
112	960	Glenda Borowski	F	Muskegon	MI	59:04.3
113	791	Martha Nelson	F	Eagle River	AK	59:13.6
114	943	Prishanya Pillai	F	Anchorage	AK	59:14.5
115	940	Trinidad Infante	F	Anchorage	AK	59:15.4
116	746	Edith Repp	F	Anchorage	AK	59:21.2
117	939	Catherine Yang	F	Anchorage	AK	59:36.5
118	944	Kelsey Powell	F	Palmer	AK	59:44.5
119	988	Marichu Relativo	F	Anchorage	AK	1:00:06.2
120	754	Rhoda Baines	F	Anchorage	AK	1:00:06.8
121	762	Sarah Tucker	F	Anchorage	AK	1:00:48.5
122	761	Micaela Jones	F	Anchorage	AK	1:00:48.8
123	819	Louann Feldmann	F	Anchorage	AK	1:02:21.6
124	11	Dora Williams	F	anchorage	AK	1:03:11.4
125	776	Jaimie Starnes	F	Anchorage	AK	1:03:34.1
126	723	Robin Adams	F	Anchorage	AK	1:03:34.5
127	711	Janetta Smith	F	Anchorage	AK	1:04:15.4
128	740	Kimberly Chaitoff	F	Anchorage	AK	1:04:53.7
129	871	Erin Shaw	F	Anchorage	AK	1:04:56.1
130	998	Arika Browne	F	anchorage	AK	1:05:33.7
131	994	Becca Land	F	Anchorage	AK	1:07:12.4
132	993	Lisa Land	F	Anchorage	AK	1:07:13.4
133	864	Keryl Hoffman	F	Anchorage	AK	1:08:35.8
134	6	Sarah Colliander	F	anchorage	AK	1:10:01.8
135	868	Peanuts Norwood	F	Girdwood	AK	1:10:11.8
136	729	Leslie Dean	F	Anchorage	AK	1:10:53.2
137	957	Olga Panitch	F	Anchorage	AK	1:11:11.4
138	869	Jan Johnson	F	Anchorage	AK	1:13:52.4
139	785	Rebecca Graham	F	Palmer	AK	1:15:00.9
140	715	Heidi Hurley	F	Anchorage	AK	1:15:09.8
141	851	Geraldine Laney	F	Anchorage	AK	1:16:13.0
142	713	Margaret Gadseden	F	Anchorage	AK	1:16:36.3
143	834	Donna Sharp	F	Anchorage	AK	1:21:58.3
144	907	Peggy Spittler	F	anchorage	AK	1:22:25.0
145	866	Gretchen Jett	F	anchorage	AK	1:24:00.9
146	867	Chris Jett	F	anchorage	AK	1:24:00.9
147	18	Sharon Kelly	F			1:27:59.8
148	880	Sandi Crittenden	F	Anchorage	AK	1:32:33.5
149	915	Savannah Lozano	F	Anchorage	AK	1:33:03.9
150	919	Amelia Lozano	F	Anchorage	AK	1:33:03.9