

Fourteenth Annual Alaska Men's Run (Formerly 5MMCR)
 Anchorage, Alaska
 July 18, 2009, 9:00 A.M.
 Time and Results by Up and Running Event Management

Place	No.	Name	S	City	St	Time
1	999	Robert Walgren	M	Anchorage	AK	28:22.7
2	912	Flower Greene	M	Indian	AK	28:33.9
3	47	Scott Clemetson	M			28:37.7
4	989	Lloyd Raines	M	Anchorage	AK	29:15.0
5	983	Cody Phelps	M	Anchorage	AK	29:34.9
6	816	Jeremiah Hale	M	Anchorage	AK	29:38.5
7	822	Bob Davis	M	Chugiak	AK	30:06.0
8	44	John Clark	M			30:29.6
9	43	Scott Schneider	M			30:51.0
10	733	John Wirum	M	Anchorage	AK	31:15.9
11	853	Bryce Monaco	M	Anchorage	AK	31:41.1
12	923	Shane Locke	M	Anchorage	AK	32:21.8
13	926	Stephen Peterson	M	Anchorage	AK	32:50.1
14	933	Greg MacDonald	M	Anchorage	AK	32:54.6
15	884	Cloyd Crow	M	Anchorage	AK	33:19.3
16	956	Kirk Fisher	M	Anchorage	AK	33:25.7
17	797	Mike Wahlig	M	Anchorage	AK	33:34.1
18	909	Kenneth Barker	M	Anchorage	AK	33:50.7
19	962	Larry Buskirk	M	Talkeetna	AK	33:57.1
20	987	Mark Dent	M	Anchorage	AK	33:59.8
21	752	George Gates	M	Anchorage	AK	34:02.6
22	812	Rafael Castaneda	M	Anchorage	AK	34:27.3
23	889	Adam Leslie	M	Anchorage	AK	34:28.5
24	837	Greg Marino	M	Eagle River	AK	34:41.9
25	779	Joe Miller	M	Anchorage	AK	34:50.2
26	783	Ben Bell	M	Anchorage	AK	34:59.0
27	760	Dave Bomalaski	M	Anchorage	AK	35:00.1
28	805	Toby Widdicombe	M	Anchorage	AK	35:17.6
29	13	Daniel Willman	M	Anchorage	AK	36:10.0
30	887	Tom Nabity	M	Anchorage	AK	36:12.0
31	765	Daryn Hobbs	M	Eagle River	AK	36:12.3
32	748	Scott Kasayulie	M	Anchorage	AK	36:22.5
33	968	Rich Dale	M	Anchorage	AK	36:24.0
34	951	Craig Tilly	M	Indian	AK	36:31.6
35	992	Trevor Storrs	M	Anchorage	AK	36:33.0
36	809	Aleks Pfaffe	M	Anchorage	AK	36:36.9
37	874	Dallas Smith	M	ANCHORAGE	AK	36:45.9
38	890	Trent Baer	M	Anchorage	AK	36:46.4
39	972	Mark Jacobsen	M	Anchorage	AK	36:51.6
40	821	Brad Richie	M	Anchorage	AK	36:58.8
41	929	Ben Anglen	M	Anchorage	AK	37:07.6
42	990	Bobby Jefts	M	Anchorage	AK	37:12.4
43	859	Jim Leonard	M	Anchorage	AK	37:15.3
44	759	Paul Ferucci	M	Anchorage	AK	37:17.4
45	806	Brian Iutzi	M	Anchorage	AK	37:30.5
46	958	Dave Jones	M	Anchorage	AK	37:32.6
47	875	Sam Diskerud	M	ANCHORAGE	AK	38:02.2
48	863	Jeremy Abercrombie	M	Anchorage	AK	38:12.6
49	777	Martin Lindeke	M	Eagle River	AK	38:20.8
50	860	Karl Kile	M	Elmendorf AFB	AK	38:25.6

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51	936	George Chang	M	Anchorage	AK	38:27.7
52	803	Adam Peterson	M	Anchorage	AK	38:39.2
53	736	Brandon Suedekum	M	Phoenix	AZ	38:39.9
54	17	Scotty Borg	M			38:48.9
55	891	Michael Campbell	M	Wasilla	AK	38:52.8
56	916	Rodolfo Lozano	M	anchorage	AK	38:58.0
57	948	Zach Zipsir	M	Anchorage	AK	38:59.9
58	21	Brennan Walsh	M			39:05.2
59	16	Roger Anderson	M			39:11.5
60	872	Joshua Johnson	M	Anchorage	AK	39:20.1
61	873	Chris Johnson	M	Anchorage	AK	39:20.3
62	14	Lonnie Jossart	M			39:21.2
63	854	Dong Wook Kim	M	Anchorage	AK	39:42.6
64	918	Steve Dwyer	M	Anchorage	AK	39:47.9
65	767	Mike Griffith	M	Anchorage	AK	39:49.4
66	862	Cory Larson	M	elmendorf AFB	AK	39:52.9
67	814	Brooks Chandler	M	Anchorage	AK	40:14.8
68	32	Klas Winell	M			40:24.6
69	981	Brian Dales	M	Eagle River	AK	40:28.9
70	831	Michael Wicker	M	Anchorage	AK	40:30.2
71	718	William Clark	M	Anchorage	AK	40:57.3
72	979	Jeffery Lyon	M	Anchorage	AK	40:57.8
73	749	Hunter Edin	M	anchorage	AK	40:59.2
74	795	Eric Steenburgh	M	Anchorage	AK	41:05.2
75	30	Tony Crow	M			41:06.3
76	28	Brandon Sims	M			41:07.3
77	22	Will Vandergriff	M			41:43.3
78	931	Kevin Kuper	M	Anchorage	AK	41:52.4
79	772	Kyle Wiertsema	M	Anchorage	AK	42:05.1
80	971	Tom Falskow	M	Anchorage	AK	42:22.6
81	804	Robert Shem	M	Anchorage	AK	42:27.0
82	882	Stanley Foo	M	Eagle River	AK	42:57.2
83	877	Ethan Hughton	M	anchorage	AK	43:04.5
84	801	Paul Schrooten	M	Anchorage	AK	43:10.2
85	934	Curtis Cherrier	M	Anchorage	AK	43:12.2
86	768	Gregory Griffith	M	Anchorage	AK	43:21.6
87	955	Ovidiu Sofron	M	Anchorage	AK	43:43.9
88	913	Jimbo Tilly	M	Indian	AK	43:44.9
89	937	Syn Ching Lim	M	Anchorage	AK	43:46.9
90	985	Mathew Seaman	M	Anchorage	AK	43:48.3
91	750	John Adamson	M	Anchorage	AK	43:50.6
92	997	John Browne	M	Anchorage	AK	43:58.2
93	786	Ed Wilson	M	Anchorage	AK	44:07.6
94	861	Dean Mac Lean	M	Elmendorf AFB	AS	44:30.2
95	33	Mik Gusenius	M			44:31.6
96	763	Tracy Tucker	M	Anchorage	AK	44:33.4
97	825	Luke Bennett	M	Anchorage	AK	44:34.6
98	826	Matt Bennett	M	Anchorage	AK	44:34.6
99	741	Brandon Locke	M	Anchorage	AK	44:36.0
100	914	William Ehelebe	M	anchorage	AK	44:45.1

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Place	No.	Name	S	City	St	Time
101	707	Trevor Smith	M			44:45.5
102	7	Richard Tieszen	M	Anchorage	AK	45:09.5
103	904	Robert Weakland	M	Anchorage	AK	45:13.7
104	38	Jim Holen	M			45:14.3
105	37	Davin Holen	M			45:14.9
106	724	Benjamin Lamirmod	M	Anchorage	AK	45:22.3
107	858	Rodney Kleedeahn	M	Anchorage	AK	45:26.6
108	769	Drew Griffith	M	Anchorage	AK	45:30.4
109	977	Brian Smith	M	Anchorage	AK	45:31.5
110	727	Bill Kane	M	Anchorage	AK	45:35.3
111	900	Dean Thompson	M	Anchorage	AK	45:41.1
112	756	Olin Blackmore	M	Anchorage	AK	45:41.9
113	966	Jacob Odegard	M	Eagle River	AK	45:45.0
114	818	Tom Swartz	M	Anchorage	AK	46:21.0
115	790	Bruce Nelson	M	Eagle River	AK	46:48.4
116	920	Jasper Blair	M	Anchorage	AK	46:52.9
117	41	Ken Flynn	M			47:06.4
118	719	Lorence Williams	M			47:15.3
119	885	Kameron Perez-Verdia	M	Anchorage	AK	47:23.3
120	9	Jacob Johnson	M	eagle river	AK	47:28.3
121	34	Lee Philo	M			48:18.2
122	810	Richard Webb	M	Palmer	AK	48:29.4
123	975	Patrick Shake	M	Anchorage	AK	48:35.2
124	4	Brandon Spoerhase	M	Anchorage	AK	49:08.9
125	892	Chris Gatch	M	Anchorage	AK	49:15.8
126	789	Patrick Flanigin	M	Anchorage	AK	49:22.4
127	844	Wayne Rush	M	Eagle River	AK	49:30.3
128	917	Jerry Ware	M	Anchorage	AK	49:40.1
129	817	John Swartz	M	Anchorage	AK	49:57.1
130	744	Richard Mandsager	M	Anchorage	AK	50:04.6
131	978	Corky Corthell	M	Anchorage	AK	50:14.8
132	725	Bill Bajczyk	M	Anchorage	AK	50:28.6
133	770	Howard Chaitoff	M	Anchorage	AK	50:51.9
134	827	Jocko Younger	M	Eagle River	AK	51:08.5
135	778	Charles Delbridge	M	Anchorage	AK	51:17.5
136	27	Sam Beverdahl	M			51:34.1
137	29	Trevor Helton	M			51:36.1
138	865	Wilmer Hoffman	M	Anchorage	AK	52:24.8
139	799	Brian O'Shea	M	Eagle River	AK	53:09.4
140	829	Michael Wisniewski	M	Anchorage	AK	53:53.8
141	735	T. Frank Box	M	Anchorage	AK	54:17.5
142	732	Wayne Crayton	M	Anchorage	AK	54:45.8
143	728	Don Hopwood	M	Anchorage	AK	55:38.0
144	895	Chuck Morey	M	Eagle River	AK	56:29.1
145	836	Lee Olson	M	Anchorage	AK	57:46.0
146	870	Terrence Johnson	M	Anchorage	AK	57:46.5
147	964	Glen Trombley	M	Chugiak	AK	57:54.5
148	984	Cole Phelps	M	Anchorage	AK	58:07.4
149	982	Curtis Phelps	M	Anchorage	AK	58:07.6
150	730	Brian Marasco	M	Anchorage	AK	58:45.3

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Place	No.	Name	S	City	St	Time
151	969	Kody Trombley	M	Chugiak	AK	1:04:39.3
152	771	Stacy Watkins	M	Anchorage	AK	1:04:56.2
153	39	Michael O'Connor	M			1:06:59.3
154	961	Florian Borowski	M	Muskegon	MI	1:15:58.9
155	714	Michael McDonagh	M	Anchorage	AK	1:16:38.1
156	906	Bruce Spittler	M	anchorage	AK	1:22:25.3
157	879	Roy Crittenden	M	Anchorage	AK	1:32:32.0
158	850	Brian Flynn	M	Anchorage	AK	1:32:33.8