

**AGE-GROUP RESULTS**  
**Thirteenth Annual Alaska Men's Run (Formerly**  
**5MMCR)**  
**Anchorage, Alaska**  
**July 19, 2008, 9:00 A.M.**  
**Time and Results by Up and Running Event**  
**Management**

**MALE AGE GROUP: 1 - 10**

1 125 249 Edgar Villasenor 10 Anchorage AK 02:10.0

**FEMALE AGE GROUP: 1 - 10**

1 116 264 Sarah Tucker 8 Anchorage AK 56:33.5

**MALE AGE GROUP: 11 - 14**

1 95 329 Nicholas Spezialy 12 Anchorage AK 48:22.7  
2 131 486 Kaleb Desjarlais 12 Anchorage AK 07:00.3

**FEMALE AGE GROUP: 11 - 14**

1 82 280 Aubrey Ibelle 14 Anchorage AK 45:39.3  
2 138 250 Natali Villasenor 14 Anchorage AK 18:47.0

**MALE AGE GROUP: 15 - 19**

1 5 483 Samuel Cassel 17 Anchorage AK 28:51.3  
2 8 272 Cody Phelps 17 Anchorage AK 29:22.5  
3 31 371 Chris Clemetson 16 34:04.5  
4 35 349 Dexter Allen 15 35:13.0  
5 81 255 Jesus Gomez 19 Anchorage AK 45:38.2

**FEMALE AGE GROUP: 15 - 19**

1 21 381 Holly Kopp 17 32:38.5  
2 26 320 Rosika Nees 17 Anchorage AK 33:50.4

3	87	260	Alicia Clemetson	15	Anchorage	AK	46:47.9
4	104	295	Corie Brewer	17	Anchorage	AK	50:30.6

### MALE AGE GROUP: 20 - 24

1	12	366	Jeff Quickel	22			31:13.5
2	14	364	Tony Quickel	20			31:14.0
3	15	337	Christopher Pierce	23	Anchorage	AK	31:34.2
4	20	290	Jared Reando	20	Anchorage	AK	32:06.1
5	45	346	Joseph Stallone	24			36:54.7
6	67	362	Daniel Michalski	23			42:09.8

### FEMALE AGE GROUP: 20 - 24

1	118	352	Taryn Bachman	22			57:45.6
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### MALE AGE GROUP: 25 - 29

1	4	363	Ryan Davis	28			28:19.3
2	19	310	Ryan Hughes	28	Anchorage	AK	31:48.6
3	28	318	Joe Miller	25	Anchorage	AK	33:57.4
4	60	378	Bill Falsey	28			40:49.6
5	72	300	Tyler Burgett	25	Elmendorf AFB	AK	43:05.2
6	108	286	Brett Shepard	29	Anchorage	AK	51:10.6
7	121	269	Frederick Brosius	29	Anchorage	AK	58:34.8

### FEMALE AGE GROUP: 25 - 29

1	83	317	Nicole Mikes	29	Anchorage	AK	46:11.5
2	88	308	Liesl Herndon	29	Anchorage	AK	47:07.1
3	90	350	Jennifer Correnti	25			47:33.8
4	105	380	Tamara Deschaine	27	Anchorage	AK	50:46.2
5	110	247	Anika Doehl	28	Anchorage	AK	52:07.9
6	119	353	Su Hamilton	28			57:45.7
7	120	270	Robin Brosius	28	Anchorage	AK	58:34.7
8	127	351	Jamie Kohl	28			02:17.7

### MALE AGE GROUP: 30 - 34

1	1	369	Jerome Ross	32			25:09.8
2	3	481	Todd List	30			27:42.0
3	23	276	Shane Locke	31	Anchorage	AK	32:58.3
4	33	237	Ben Bell	31	Anchorage	AK	34:20.8
5	74	334	Steven Cinelli	33	Anchorage	AK	43:45.1

## FEMALE AGE GROUP: 30 - 34

1	62	336 Rachael Pope	31 Eagle River	AK	40:55.8
2	91	245 Tana Stone	30 Anchorage	AK	47:43.1
3	94	332 Sarah Kalish	34 Anchorage	AK	48:12.2
4	109	348 Nicole Rahmer	34		51:16.0
5	115	355 Laura McDonagh	34		56:28.0

## MALE AGE GROUP: 35 - 39

1	2	373 Jeff Heuseveldt	37		26:17.1
2	25	368 Vladimir Kostas	36		33:15.8
3	29	497 Kirk Fisher	38 Anchorage	AK	33:57.5
4	30	341 Mark Fineman	38 Anchorage	AK	33:57.6
5	40	372 Jeff Barger	36		36:01.9
6	51	309 Davin Holen	36 Anchorage	AK	38:47.9
7	56	251 Ricardo Villasenor	39 Anchorage	AK	40:01.6
8	58	361 Billy Garner	37		40:46.0
9	66	299 John Browne	38 Anchorage	AK	42:09.7
10	70	356 Paul Ferucci	39		42:39.0
11	98	267 Julio Loreto	35 Anchorage	AK	48:41.4

## FEMALE AGE GROUP: 35 - 39

1	48	376 Ivy Spohnholz	35		38:12.3
2	59	339 Laura Johnston	37 Anchorage	AK	40:47.7
3	65	338 Stacy Dayley	39 Anchorage	AK	42:00.8
4	69	275 Elizabeth Ferucci	35 Anchorage	AK	42:34.1
5	93	284 Angela Houston	36 Anchorage	AK	47:53.2
6	117	263 Micaela Jones	38 Anchorage	AK	56:33.9
7	132	254 Dawna Erlewine	39 Anchorage	AK	11:27.0
8	134	345 Margaret Gadsden	35		13:45.2
9	137	252 Teresa Villasenor	38 Anchorage	AK	18:37.0

## MALE AGE GROUP: 40 - 44

1	6	258 Scott Clemetson	44 Anchorage	AK	28:55.4
2	16	488 John Wirum	44 Anchorage	AK	31:34.3
3	32	240 Dennis McDonnell	40 Anchorage	AK	34:07.7
4	36	359 Gary Aaron	43		35:14.2
5	39	307 Bradley Harris	43 Anchorage	AK	35:54.6
6	53	261 Michael Griffith	42 Anchorage	AK	39:28.7
7	55	283 David Houston	44 Anchorage	AK	39:38.4
8	122	274 Smallwood Tuyet	41 Anchorage	AK	59:29.1

## FEMALE AGE GROUP: 40 - 44

1	41	487 Polly Wirum	42 Anchorage	AK	36:03.2
2	44	489 Kristina Anderson	40 Anchorage	AK	36:16.7
3	49	382 Trish Kopp	43		38:22.6
4	64	273 Cheryl Ferucci	42 Anchorage	AK	41:43.2
5	68	306 Angela Harris	41 Anchorage	AK	42:32.8
6	78	259 Dianna Clemetson	41 Anchorage	AK	44:40.6
7	79	347 Sherri Warnke	43		44:47.9
8	86	480 Diane Blakey	40 Anchorage	AK	46:34.0
9	123	268 Barb Turner	40 Anchorage	AK	59:38.7
10	124	316 Terri Mayeur	44 Wasilla	AK	01:15.7
11	139	305 Rebecca Graham	42 Palmer	AK	18:57.7
12	140	323 Jill Reeves	41 Palmer	AK	19:06.4

## MALE AGE GROUP: 45 - 49

1	7	246 Lloyd Raines	49 Anchorage	AK	28:57.6
2	10	377 John Clark	47		30:38.0
3	13	322 Jeffrey Olsen	48 Anchorage	AK	31:13.8
4	18	277 Greg MacDonald	47 Anchorage	AK	31:47.1
5	22	301 Cloyd Crow	45 Anchorage	AK	32:49.2
6	24	242 Steve McCallum	46 Richmond Hill	ON	33:12.4
7	27	253 Carlos Gomez	48 Anchorage	AK	33:57.3
8	34	294 John Brewer	46 Anchorage	AK	34:28.2
9	46	271 Curtis Phelps	49 Anchorage	AK	36:55.4
10	54	315 Clint Mayeur	46 Wasilla	AK	39:30.8
11	97	265 Tracy Tucker	46 Anchorage	AK	48:37.9

## FEMALE AGE GROUP: 45 - 49

1	61	241 Susan McCallum	46 Richmond Hill	ON	40:53.1
2	129	340 Rebecca Sebald	48 Anchorage	AK	04:58.4
3	133	248 Dawn Hansen	47 ANCHORAGE	AK	12:25.3

## MALE AGE GROUP: 50 - 54

1	11	333 Edward Frank	51 anchorage	AK	30:59.3
2	17	375 Allen Rosenthal	54		31:37.1
3	37	236 Toby Widdicombe	53 Anchorage	AK	35:15.3
4	47	324 Brad Richie	54 Anchorage	AK	37:05.8
5	63	289 Anthony Reando	51 Anchorage	AK	41:26.8
6	75	325 Paul Schrooten	52 Anchorage	AK	43:50.9
7	84	313 Michael Malachowski	52 Anchorage	AK	46:12.5
8	102	383 Dennis Long	54		50:04.4
9	111	331 John Swartz	54 Anchorage	AK	52:18.2

## FEMALE AGE GROUP: 50 - 54

1	80	262	Sj Lee	50	Anchorage	AK	45:36.1
2	100	239	Mary Ann Chisholm	52	Anchorage	AK	49:12.6
3	107	235	Diane Hanson	50	Anchorage	AK	50:59.0
4	128	335	Anne Stephens-Denny	52	Anchorage	AK	02:17.8
5	130	342	Donna Baldwin	54	anchorage	AK	04:58.8

## MALE AGE GROUP: 55 - 59

1	9	303	Bob Davis	55	Chugiak	AK	30:10.4
2	38	311	Bud Johnson	55	Tok	AK	35:51.4
3	50	326	Jeff Smith	57	Ninilchik	AK	38:31.1
4	52	379	Gregory Dixon	58			38:53.9
5	89	365	Joe Quickel	55			47:10.4
6	112	304	Charles Delbridge	57	Anchorage	AK	53:12.8

## FEMALE AGE GROUP: 55 - 59

1	57	288	Patrice Parker	55	Anchorage	AK	40:04.3
2	73	287	Sarah Kleedehtn	55	Anchorage	AK	43:20.1
3	76	358	Jean Funatake	57			44:00.0
4	114	321	Kate Nixon	56	Anchorage	AK	54:40.2

## MALE AGE GROUP: 60 - 64

1	42	293	Jim Leonard	62	Anchorage	AK	36:05.8
2	103	357	Michael Philo	61			50:06.2
3	113	234	Ed Iwata	60	Anchorage	AK	54:15.9

## FEMALE AGE GROUP: 60 - 64

1	92	367	Stephanie Burchell	63			47:48.0
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## MALE AGE GROUP: 65 - 69

1	43	298	Robert Bowker	67	Norfolk	AR	36:11.7
2	71	370	Wayne Rush	66			43:03.1
3	77	374	Ken Flynn	65			44:13.9
4	106	360	Dave Fisher	67			50:54.2
5	136	266	Gerald Forsyth	67	Anchorage	AK	15:52.1

**FEMALE AGE GROUP: 65 - 69**

**MALE AGE GROUP: 70 - 74**

1	85	281	Rich Hull	72	Anchorage	AK	46:22.2
2	135	344	Michael McDonagh	72			13:45.4

**FEMALE AGE GROUP: 70 - 74**

1	96	328	Mildred Spezialy	70	Anchorage	AK	48:23.0
2	101	282	Teresa Hull	71	Anchorage	AK	49:46.2

**MALE AGE GROUP: 75 - 79**

1	99	243	Corky Corthell	79	Anchorage	AK	49:03.7
2	126	244	Charlie Brown	76			02:17.6

**FEMALE AGE GROUP: 75 - 79**

**MALE AGE GROUP: 80 - 99**

1	141	238	Howard Hunt	86	Anchorage	AK	22:22.3
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**FEMALE AGE GROUP: 80 - 99**